## "Four Places of Buddhist Pilgrimage in India"

by Bro. Chan Khoon San, Malaysia 2009

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ACKNOWLEDGEMENTS: The author wishes to thank Bros. Cheng Chong Hua, Ng Swee Kong and Tony S H Quah for their kind permission to use their photographs in this article.

## INTRODUCTION

The idea of a pilgrimage came from the Buddha himself over 2500 years ago! In answer to Ven. Ananda's concern that the monks would no longer be able to see the Buddha and pay their respects after his *Parinibbana*, Buddha advised pious disciples to visit Four Places, the sight of which will inspire faith (saddha) and religious urgency (samvega) after He was gone. These places are called Samvejaniya-thana in Pali or places that arouse awareness and apprehension of impermanence. What are the Four Places?

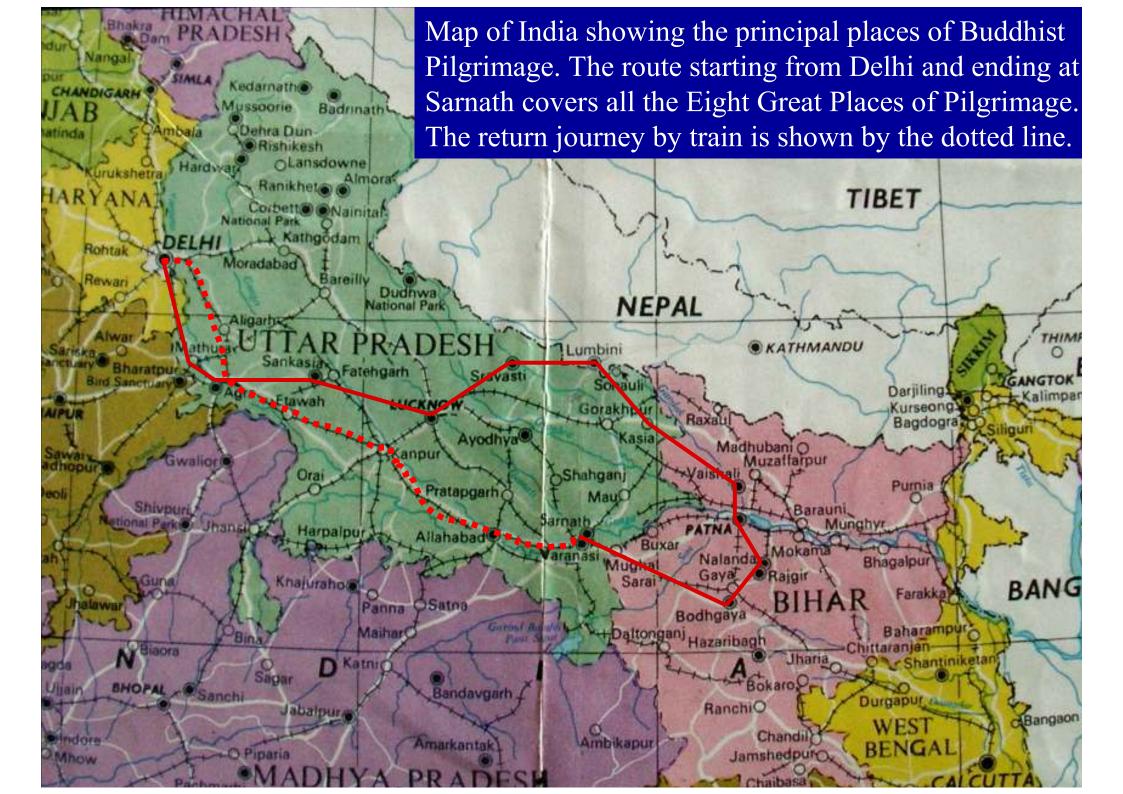
LUMBINI: "Here the Tathagata was born! This, Ananda, is a place that a pious disciple should visit and look upon with feelings of reverence."

BUDDHAGAYA: "Here the Tathagata attained the unexcelled Supreme Enlightenment! This, Ananda, is a place that a pious disciple should visit and look upon with feelings of reverence."

SARNATH: "Here the Tathagata set rolling the Wheel of Dhamma! This, Ananda, is a place that a pious disciple should visit and look upon with feelings of reverence."

KUSINARA: "Here the Tathagata passed away into Parinibbana. This, Ananda, is a place that a pious disciple should visit and look upon with feelings of reverence."

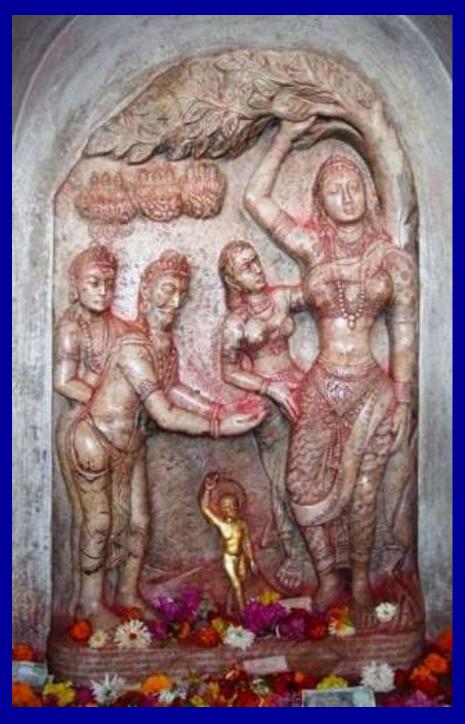
"And whosoever, Ananda, should die on such a pilgrimage, with his heart established in faith, he at the breaking up of the body, after death, will be reborn in a realm of heavenly happiness." Mahaparinibbana Sutta V, 16



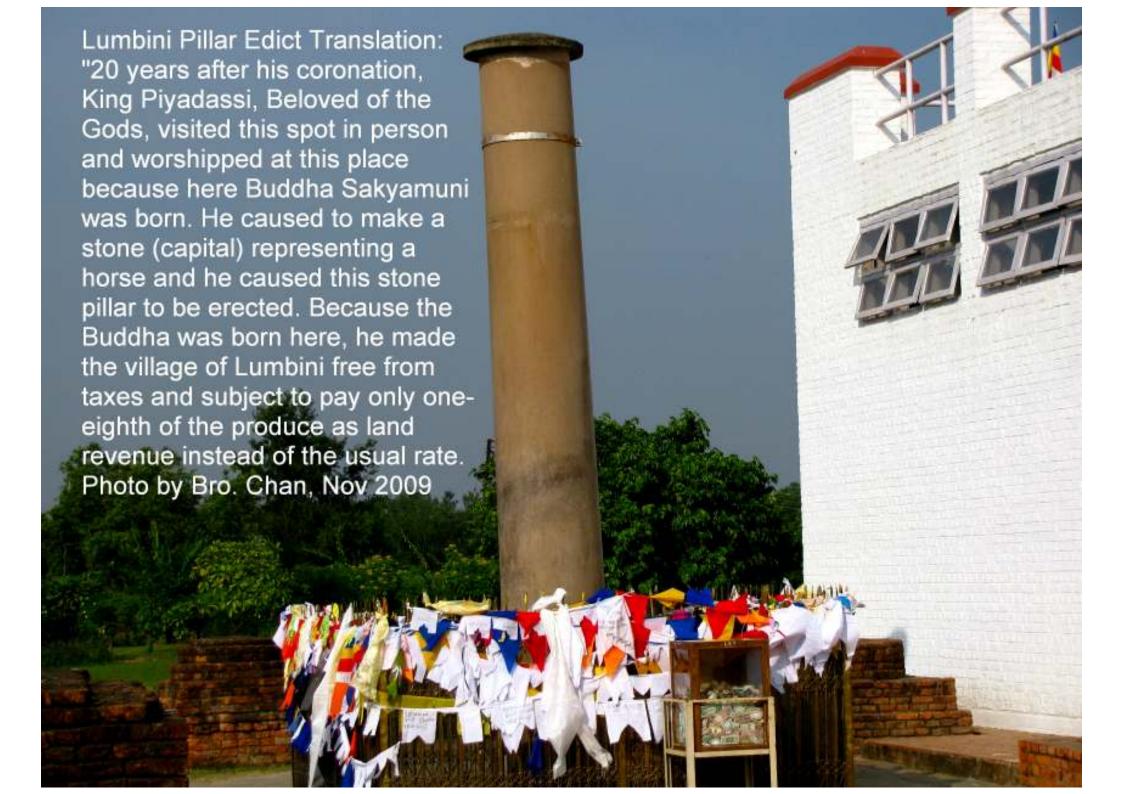
## LUMBINI: BIRTHPLACE OF THE BUDDHA

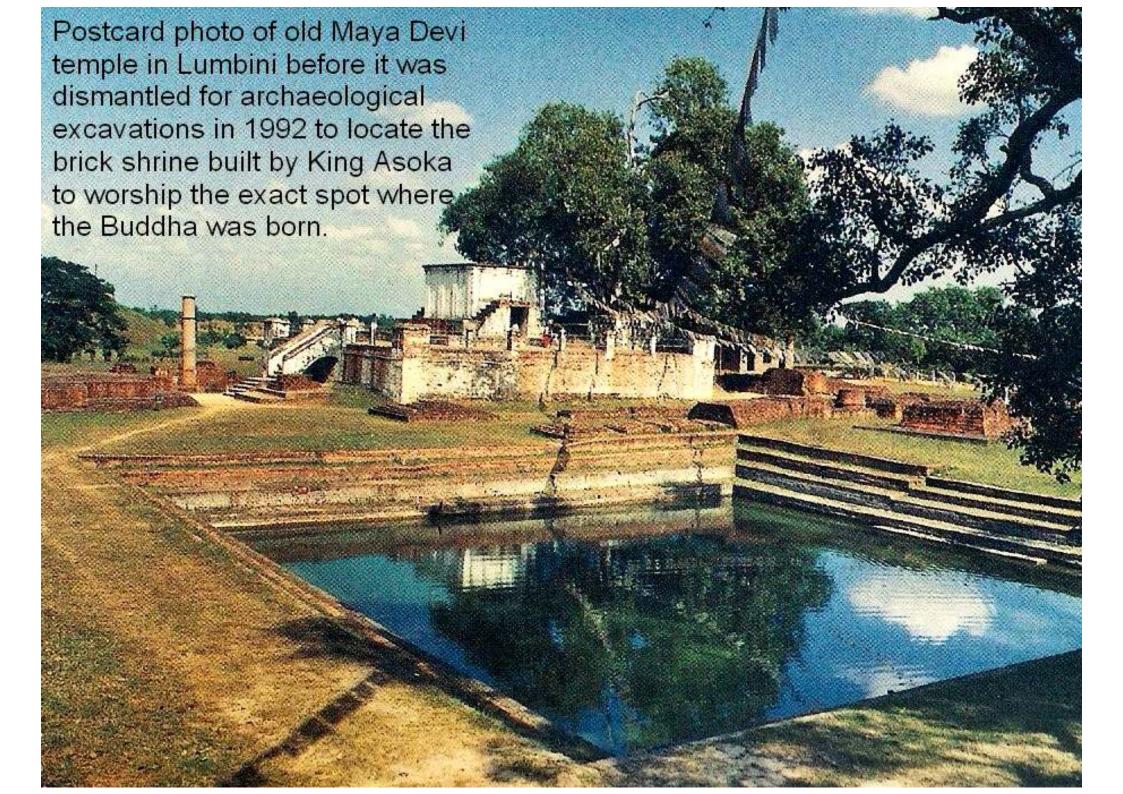
Lumbini is located in Nepal, about 20 km from the border town of Bhairawa, just across the Indian border crossing at Sonauli.

The Buddha was born on the full-moon day of Wesak. His mother was Mahamaya Devi, chief consort of King Suddhodana. Already 56 years old and in the final stage of pregnancy carrying the Bodhisatta for 10 full months, she was traveling to her parents' home in **Devadaha** to deliver her first child following the tradition of her Koliyan clan. Along the way, the entourage passed Lumbini Garden, a pleasure grove of Sala trees, which were then in full bloom. She decided to stop there to admire the flowering trees and plants. Soon she began to experience signs of impending birth. Quickly she summoned her female servants to cordon off the area with curtains. Then holding on to the branch of a Sala tree with her right hand for support, she gave birth to the *Bodhisatta* while standing up.



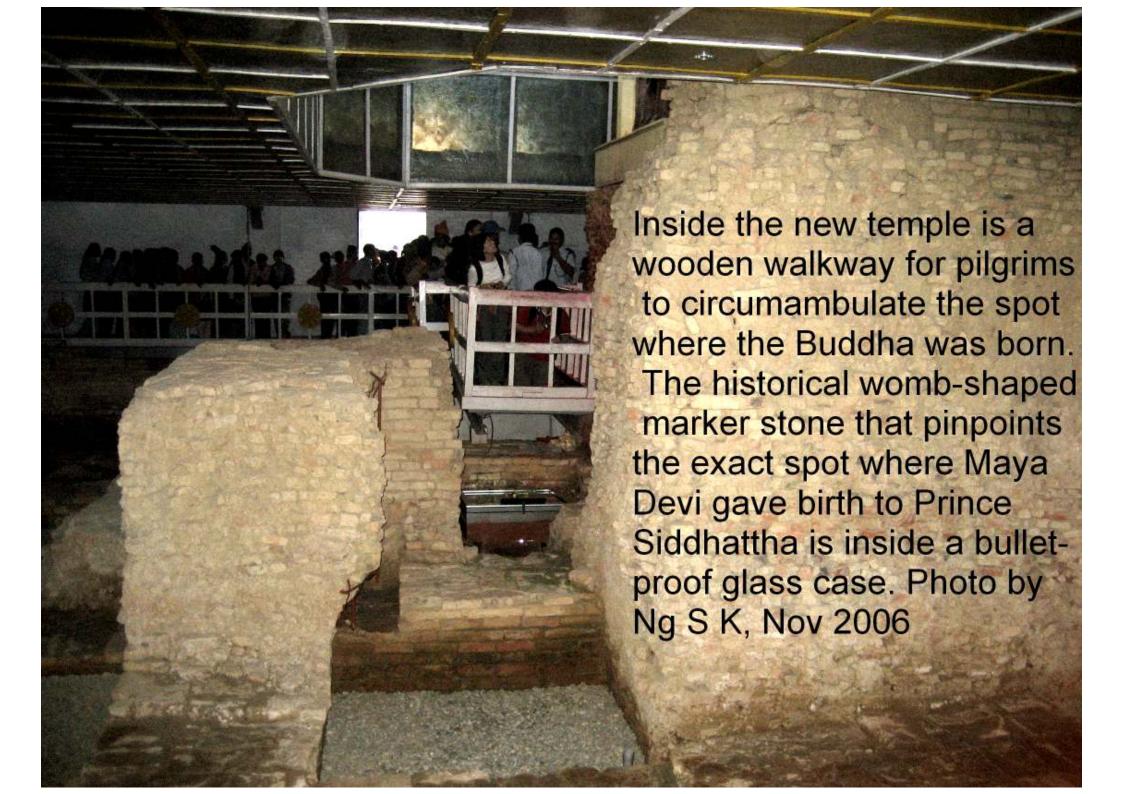
In 249 BC, King Asoka visited Lumbini as part of his pilgrimage to the sacred Buddhist places and worshipped the sacred spot where the Buddha was born. To commemorate his visit, he built an Asokan Pillar with a horse capital and an edict written in Brahmi. Today only 6.7 metres of the pillar still stands but without its horse capital. According to ancient Buddhist literature, when Asoka visited Lumbini, he erected a brick shrine and placed a "Marker Stone" on top, to worship the exact site of the Buddha's birth. In 1992, archaeologists started excavations at the old Maya Devi temple and discovered the marker stone pinpointing the exact spot where the Buddha was born.

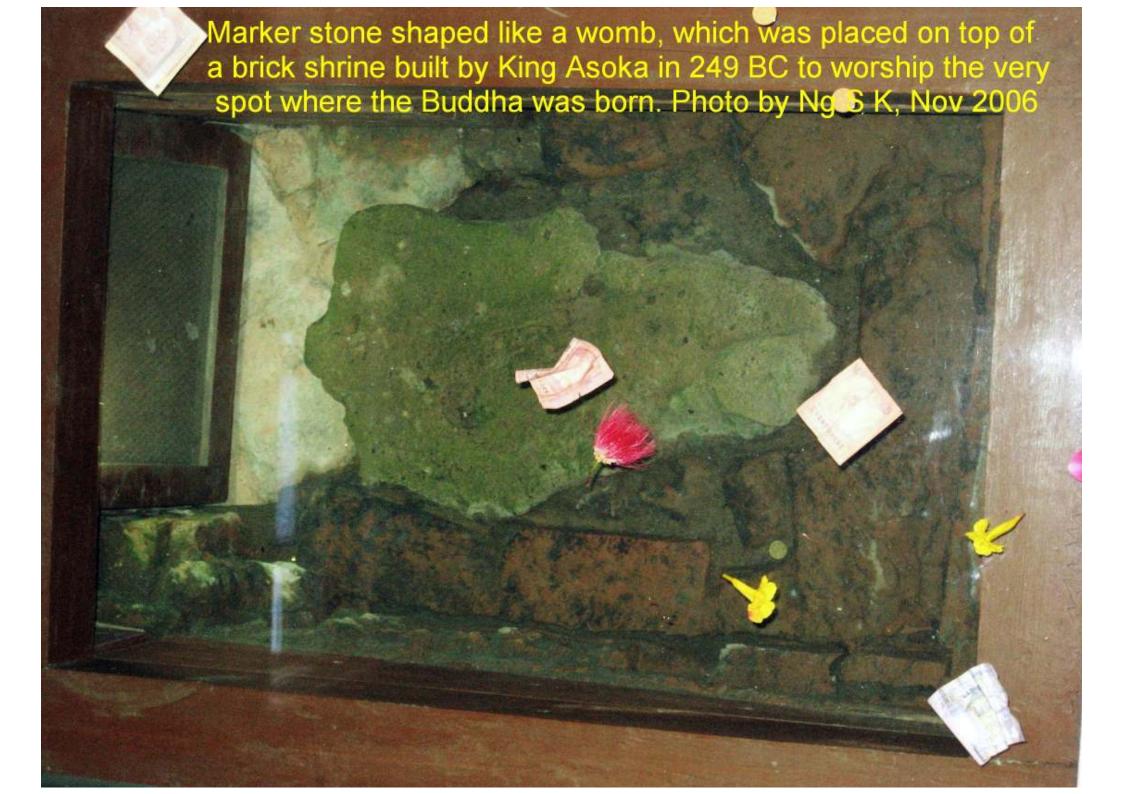




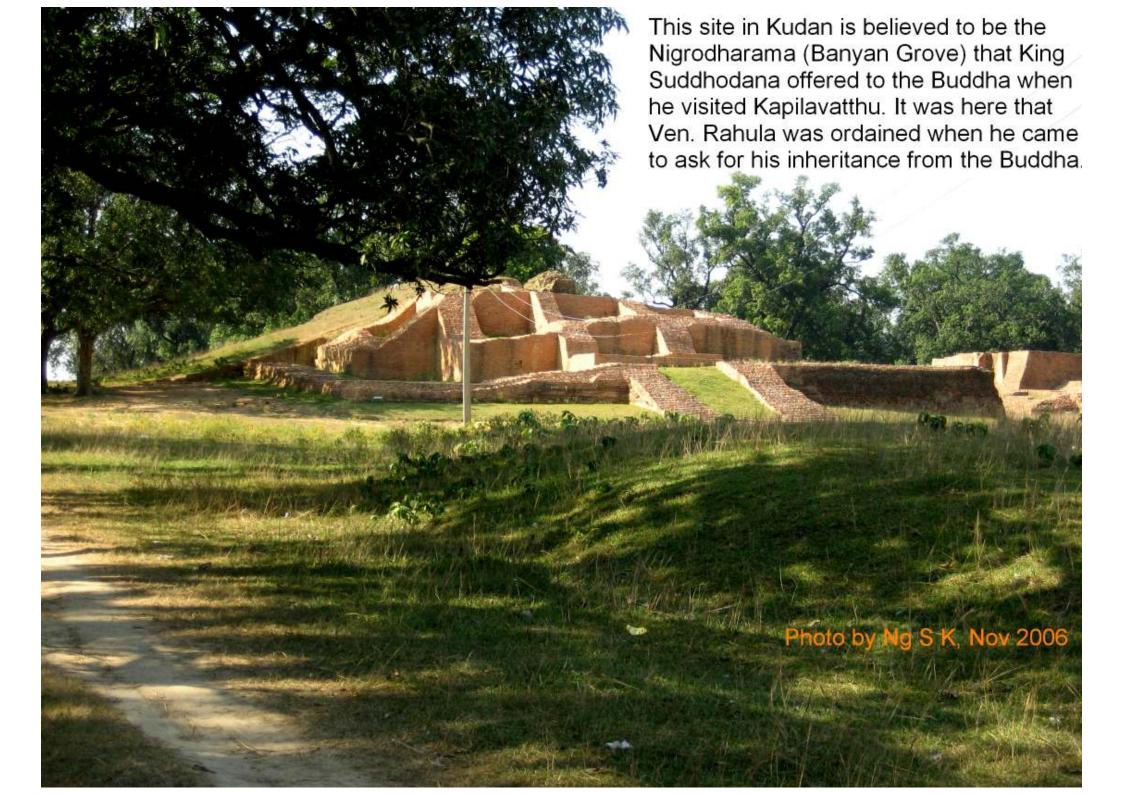
Exact spot where the Buddha was born is not located at the Asokan pillar but inside this new temple built over the remains of the old Maya Devi temple, which was excavated in 1992. In the foreground is the Puskarni pond where Maya Devi washed herself before giving birth. Photo by Bro. Chan, Nov 2009





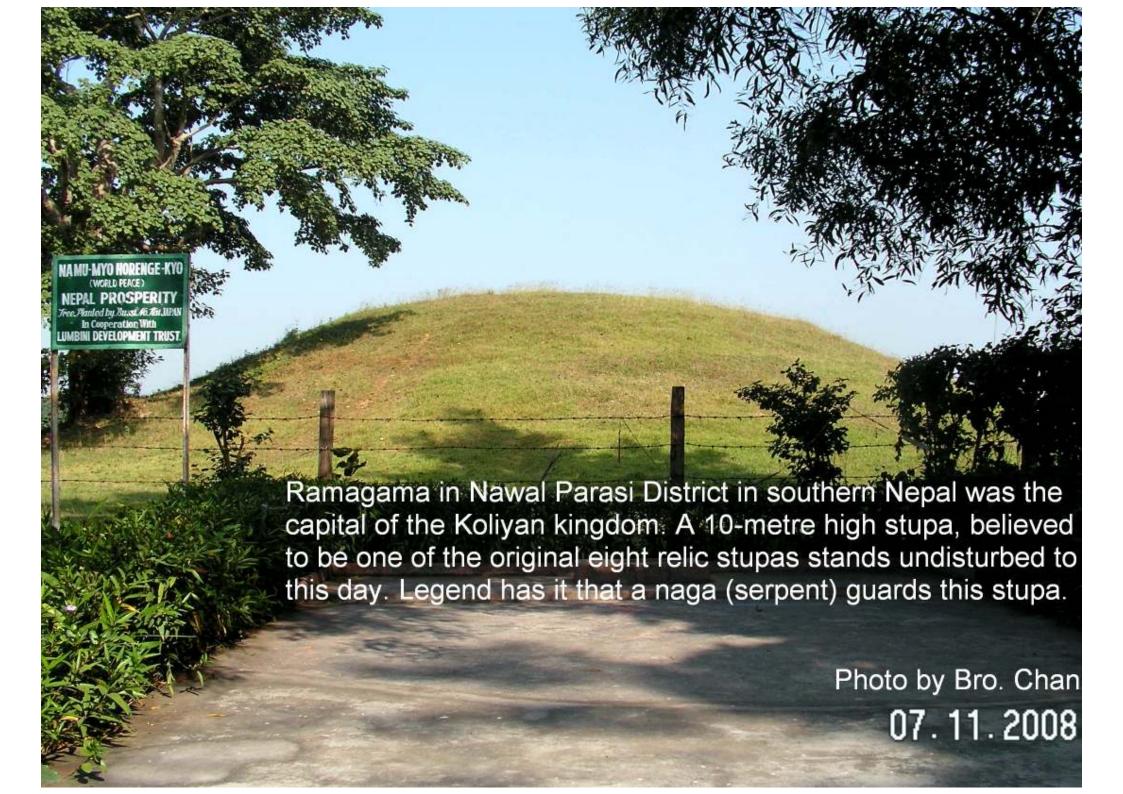






The road from Bhairawa to Ramagama passes the scenic Rohini River that separates the kingdoms of Sakyans and Koliyans. Both tribes nearly fought over its water rights but the Buddha intervened to solve their dispute. In the background are the foothills of Himalayas.





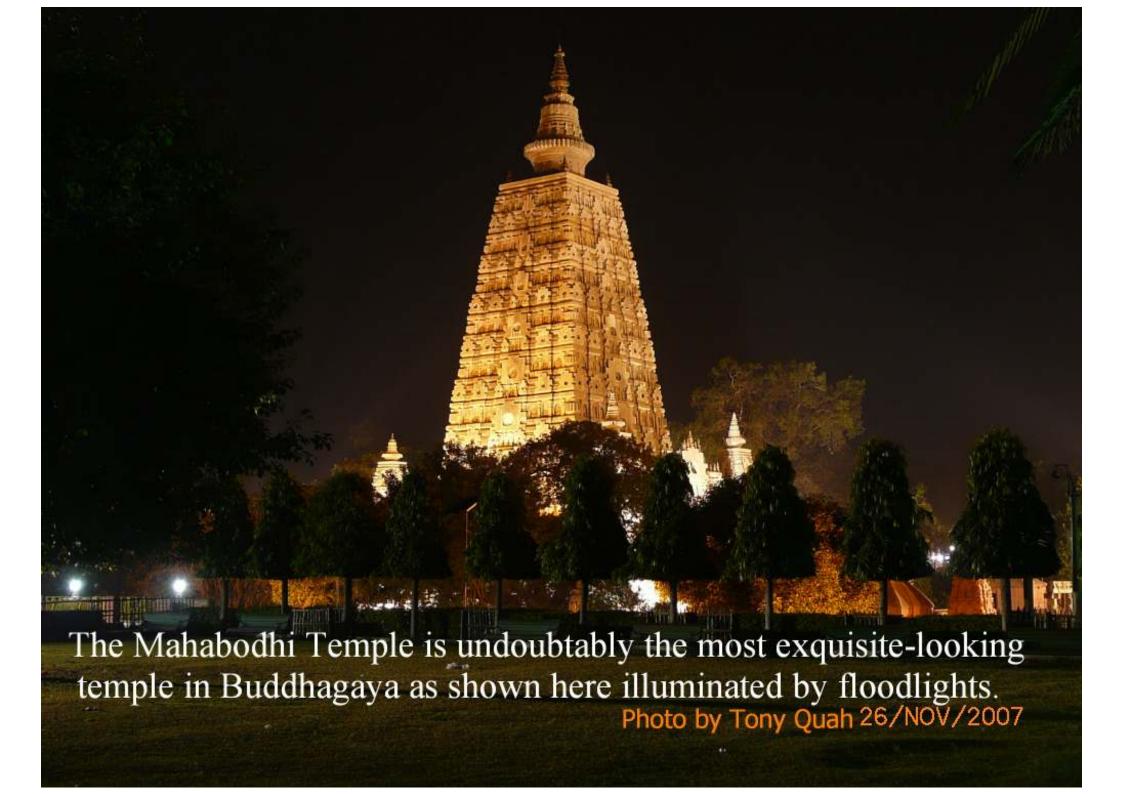
## Bodhgaya, Place of Supreme Enlightenment

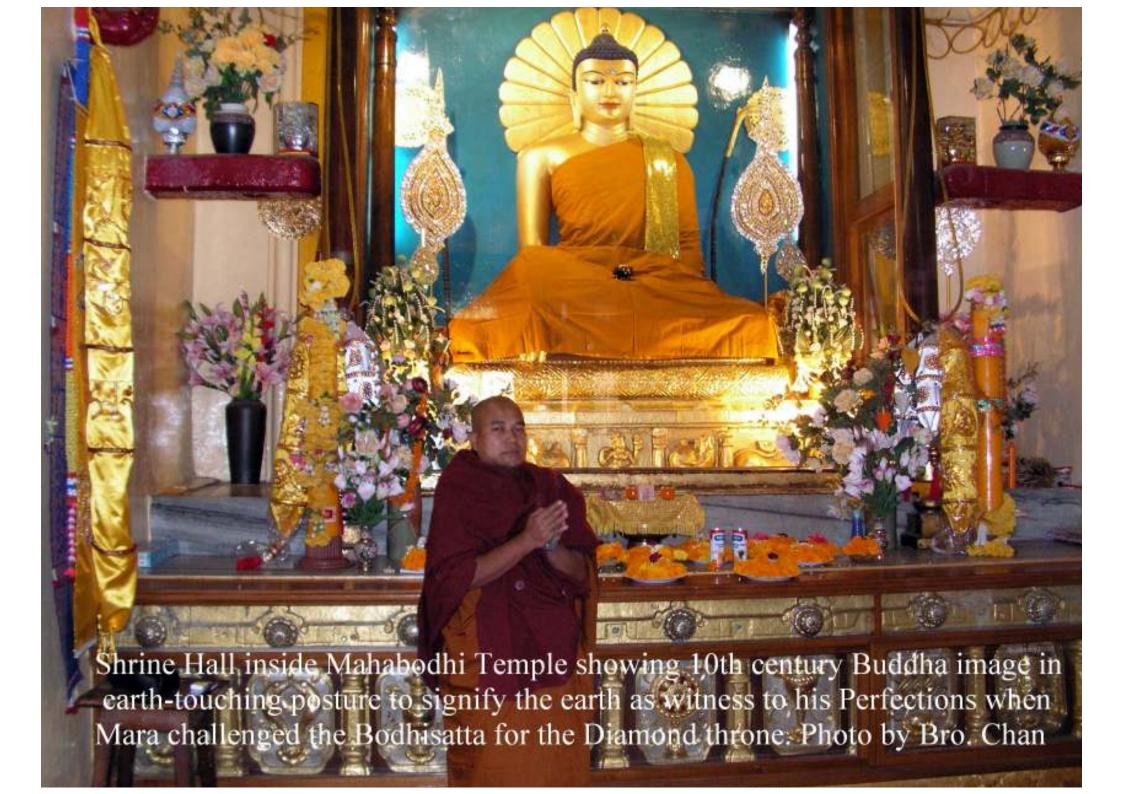
Buddhagaya, where Buddha attained Supreme Enlightenment on the full-moon day of Wesak in 588 BC, is the most hallowed place on earth to Buddhists. According to the Commentary, the Seat of Enlightenment (Bodhi Pallanka) at Buddhagaya is one of the four places that do not vary for all Buddhas (Avijahitatthanani). King Asoka was the first to build a shrine at this sacred spot. In the 1<sup>st</sup> century AD, two Sunga queens enlarged the Bodhi shrine and in the 2<sup>nd</sup> century AD, the Kushan king Huviska (111-138 AD) built a temple on the site to install a Buddha image, which was then in vogue. Cunningham suggested that the entire Mahabodhi Temple as seen today follows the Huviska structure. As it was built over the remains of the Asoka shrine, the position of the Diamond throne remains unchanged. Inside the temple, one comes face-to-face with a great gilded image of the Buddha from 10th century AD seated on a patterned cushion instead of a lotus. It is supported by a pedestal, decorated with figures of lions and elephants.

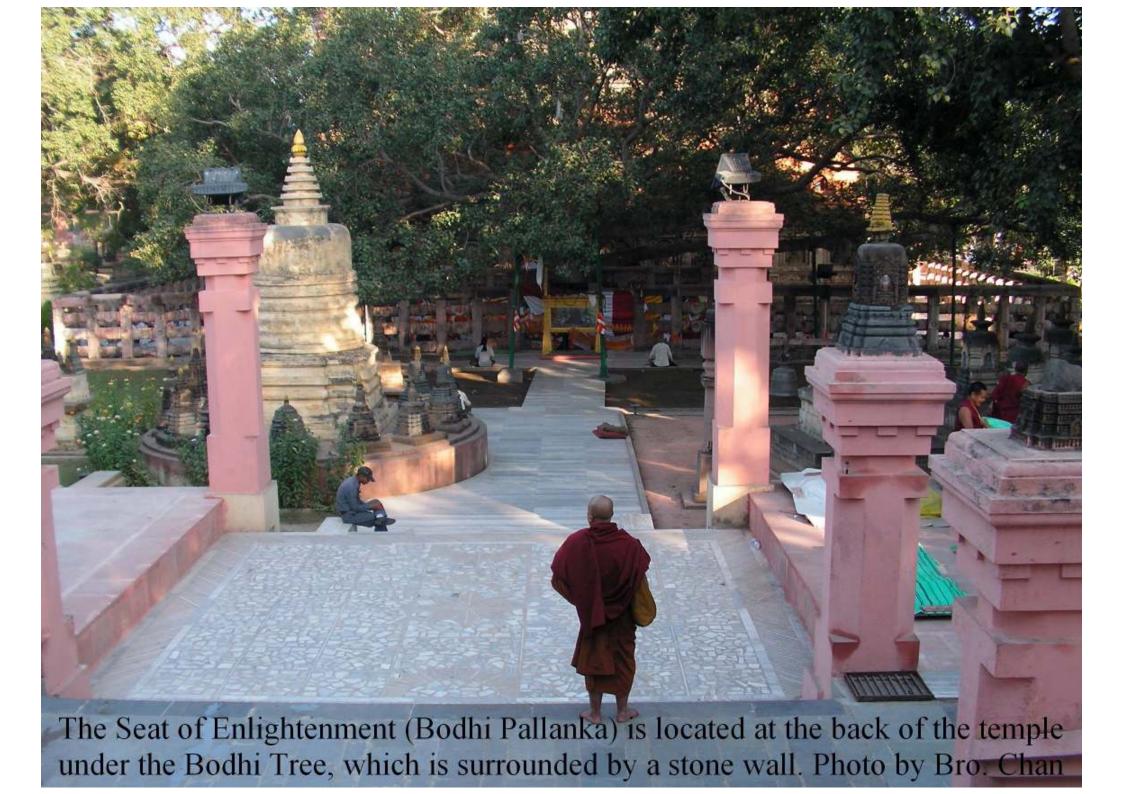
At the back of the Mahabodhi Temple is the **Bodhi Tree** under which the Buddha attained Supreme Enlightenment. It is a Pipal tree (Ficus religiosa), also known in Pali as 'assattha'. The Diamond Throne is located between the Bodhi tree and the rear wall of the temple. It marks the actual spot of the Seat of Enlightenment (Bodhi Pallanka). It is said that the Buddha sat facing east with his back to the trunk of the Bodhi tree. A red sandstone slab measuring 2.3 meters long by 1.3m wide by 0.9m high now marks this holy spot. While in the Mahabodhi Temple, pilgrims should visit the seven places associated with the Buddha's Stay at each place for seven days after Enlightenment:

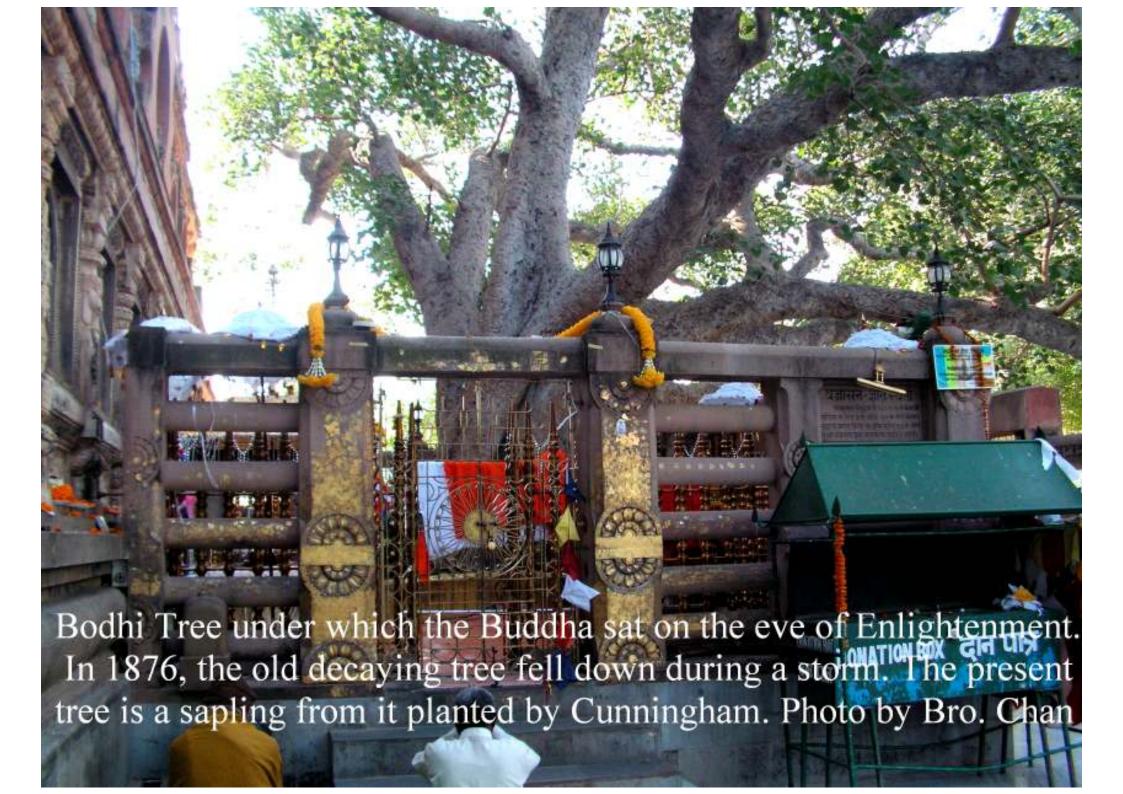
- First Week on the Throne (Pallanka Sattaha)
- Second Week of the Unblinking Gaze (Animisa Sattaha)
- Third Week on the Walk (Cankama Sattaha)
- Fourth Week in Jewelled House (Ratanaghara Sattaha)
- Fifth Week at Ajapala Nigrodha Tree (Ajapala Sattaha)
- Sixth Week at Mucalinda (Mucalinda Sattaha)
- Seventh Week at Rajayatana Tree (Rajayatana Sattaha)



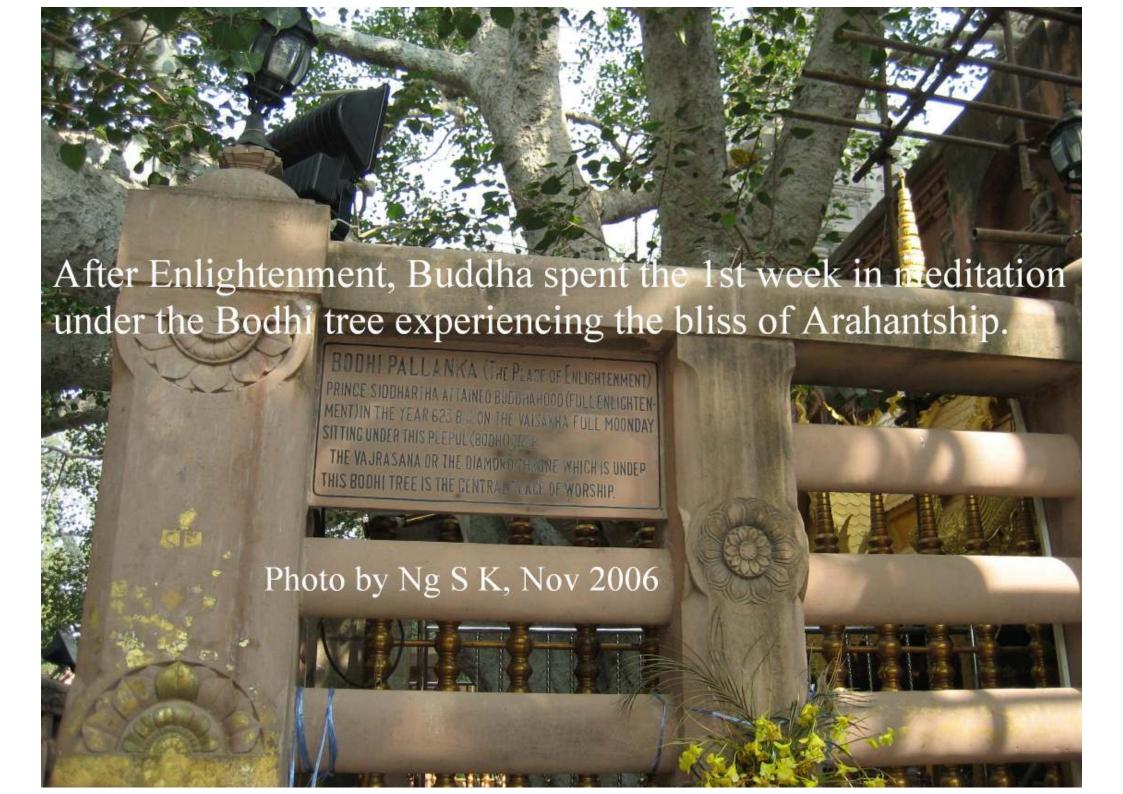


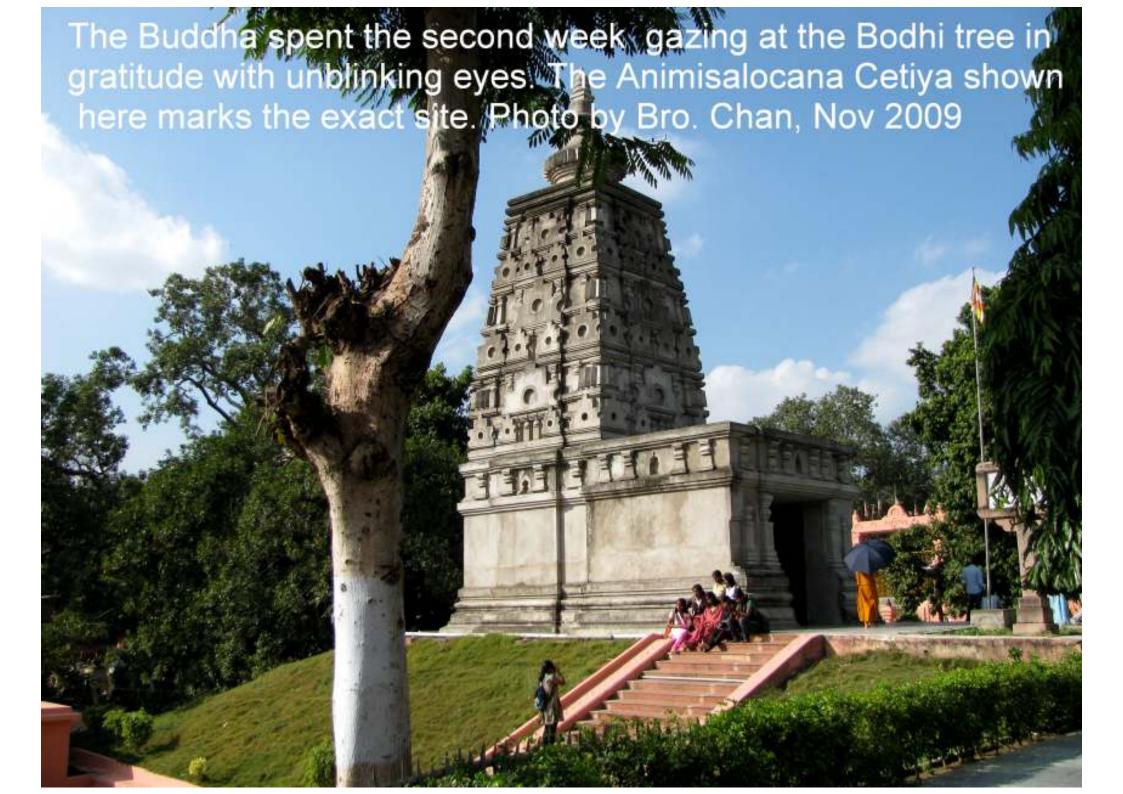


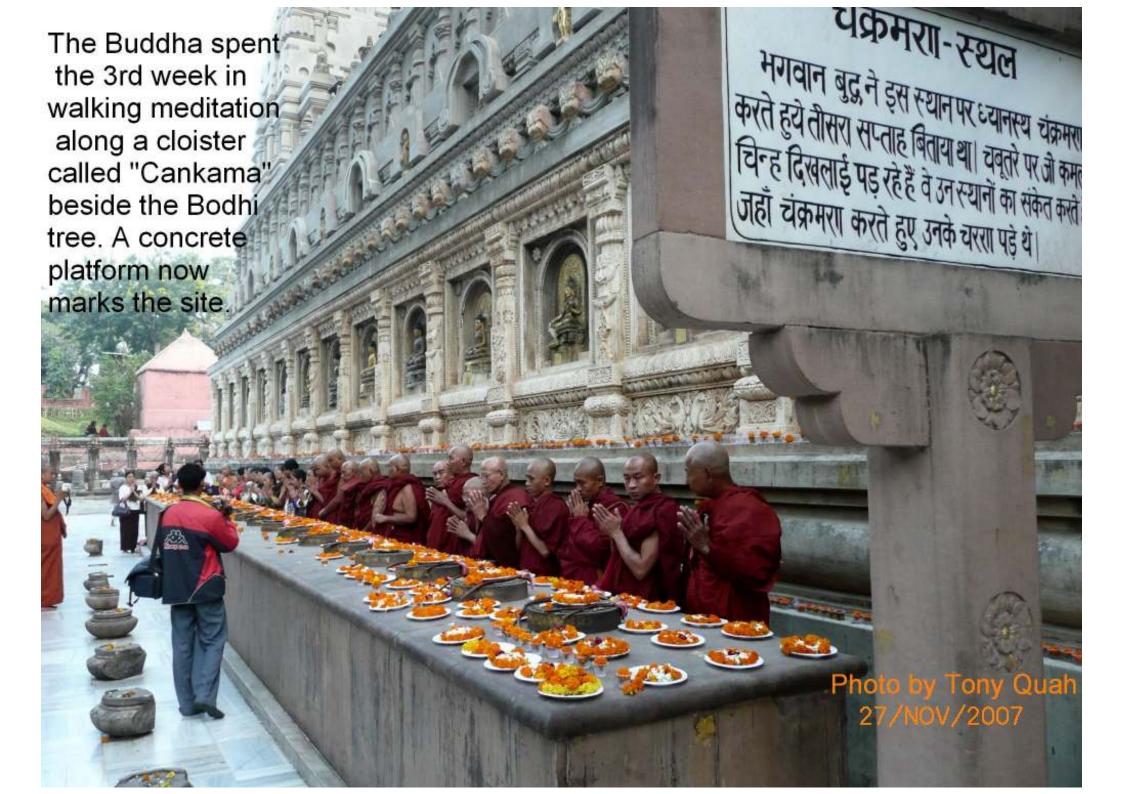


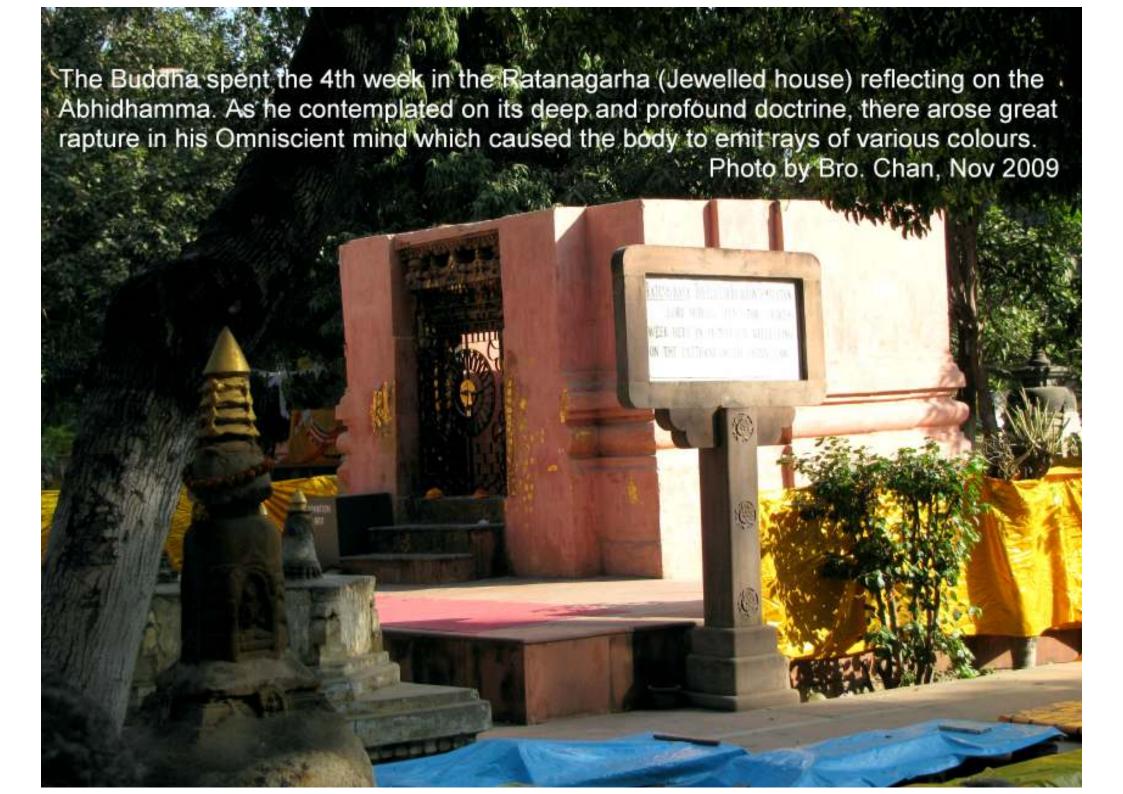


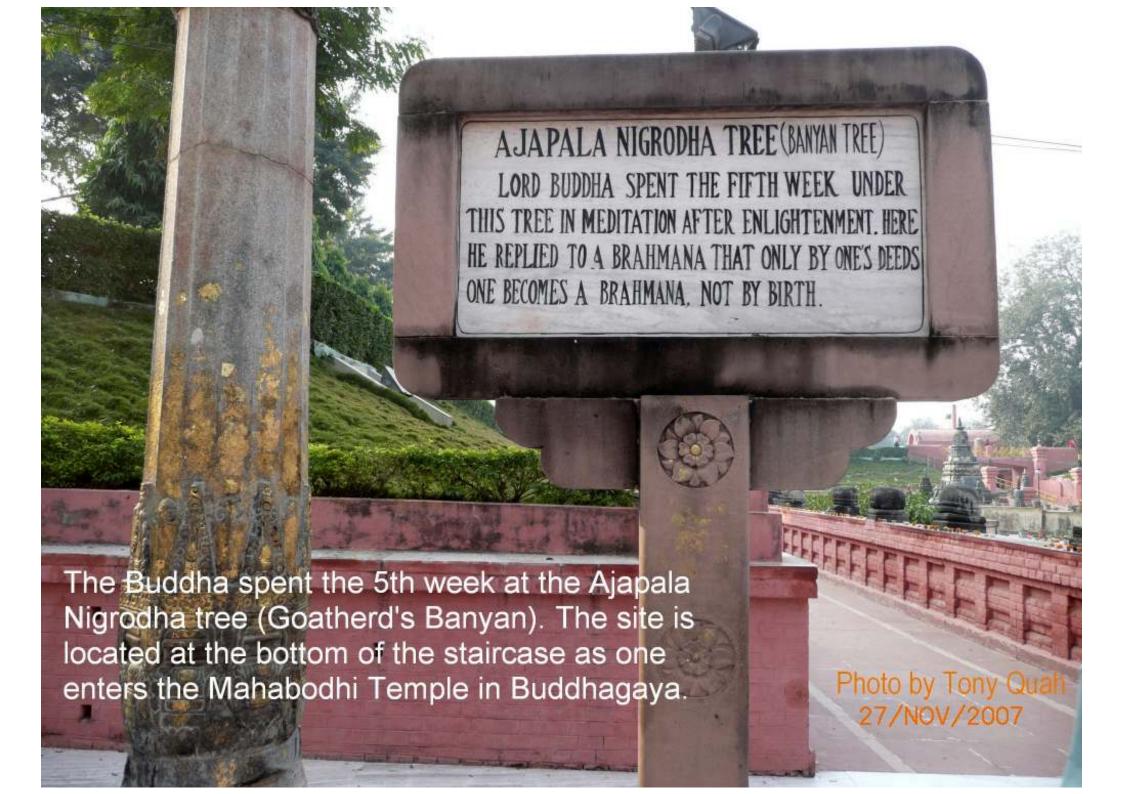


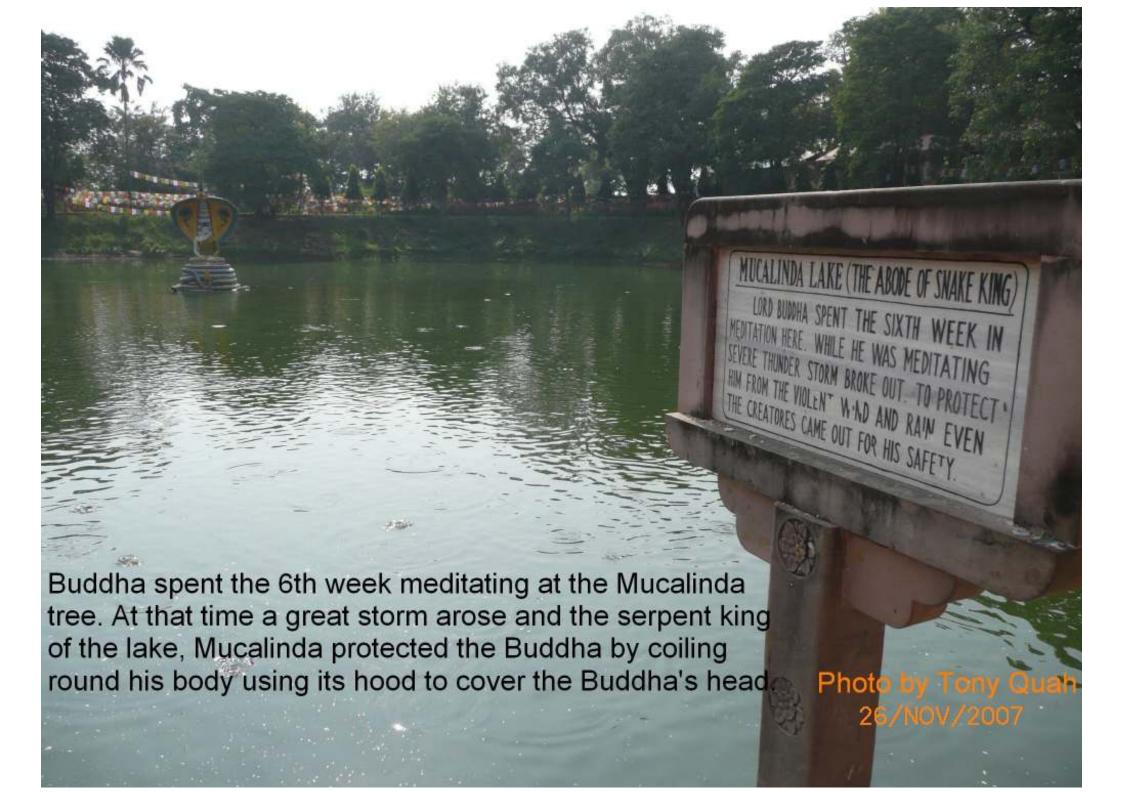


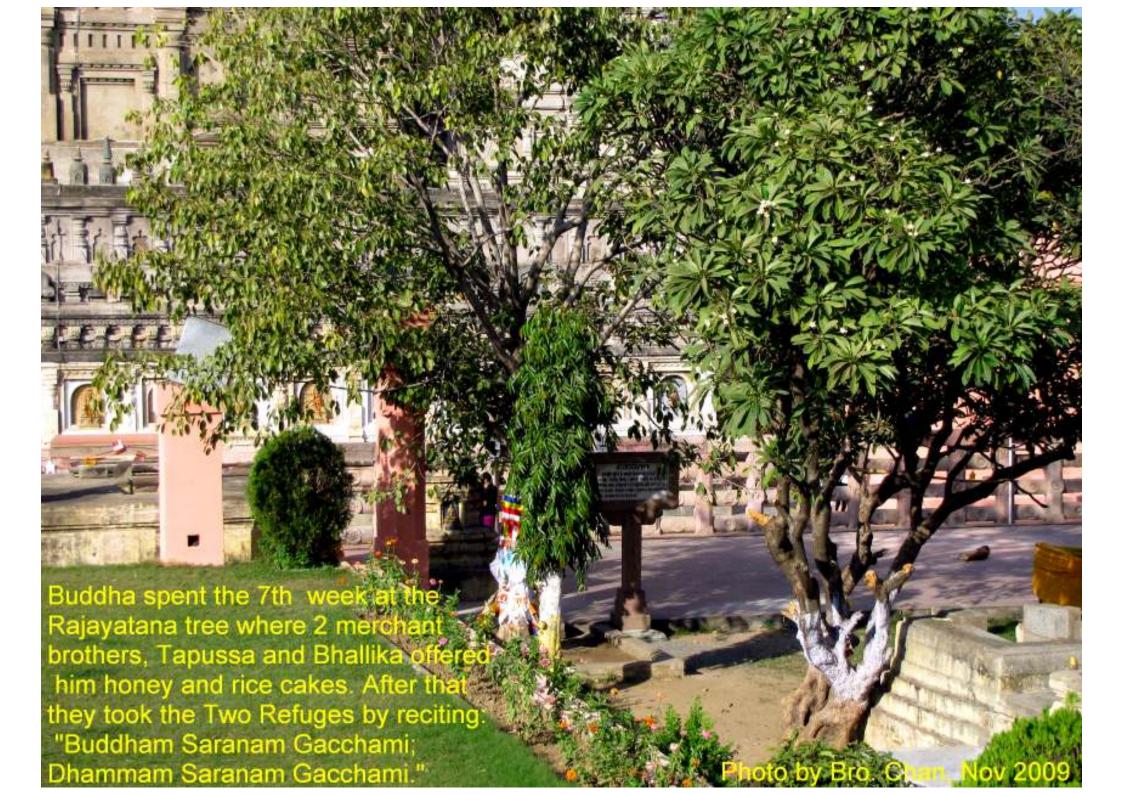






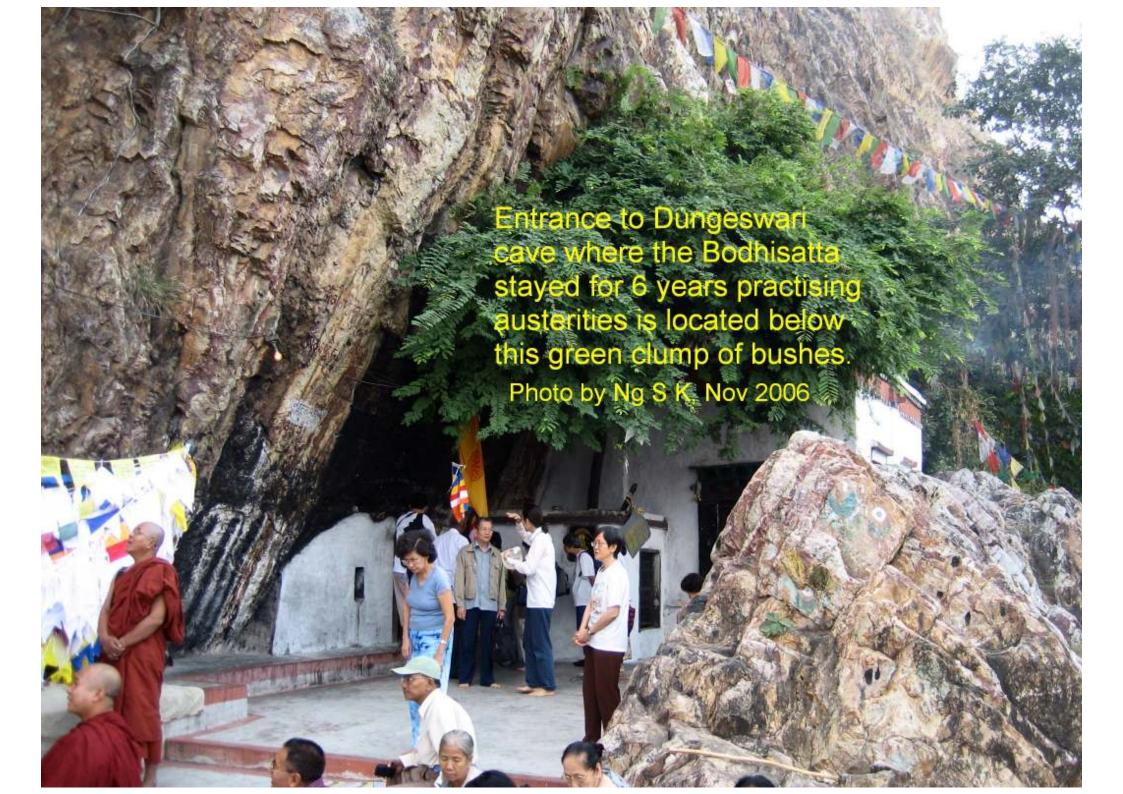




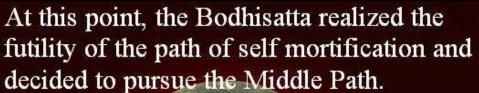


Prior to Enlightenment, the Bodhisatta was staying at a thickly forested area near Dhongra hill. Tradition says that he lived in a cave now called Dungeswari where he underwent painful and profitless self-mortification for 6 years. Photo by Bro. Cheng C H, Nov 2002



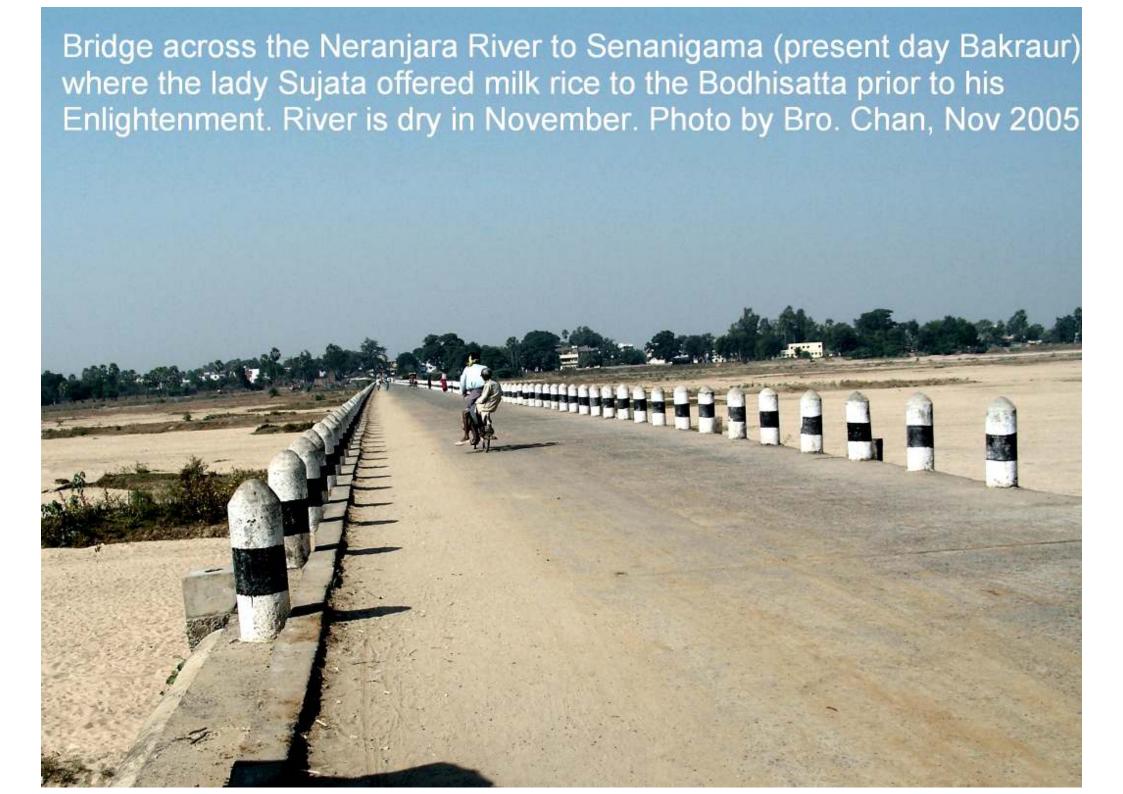


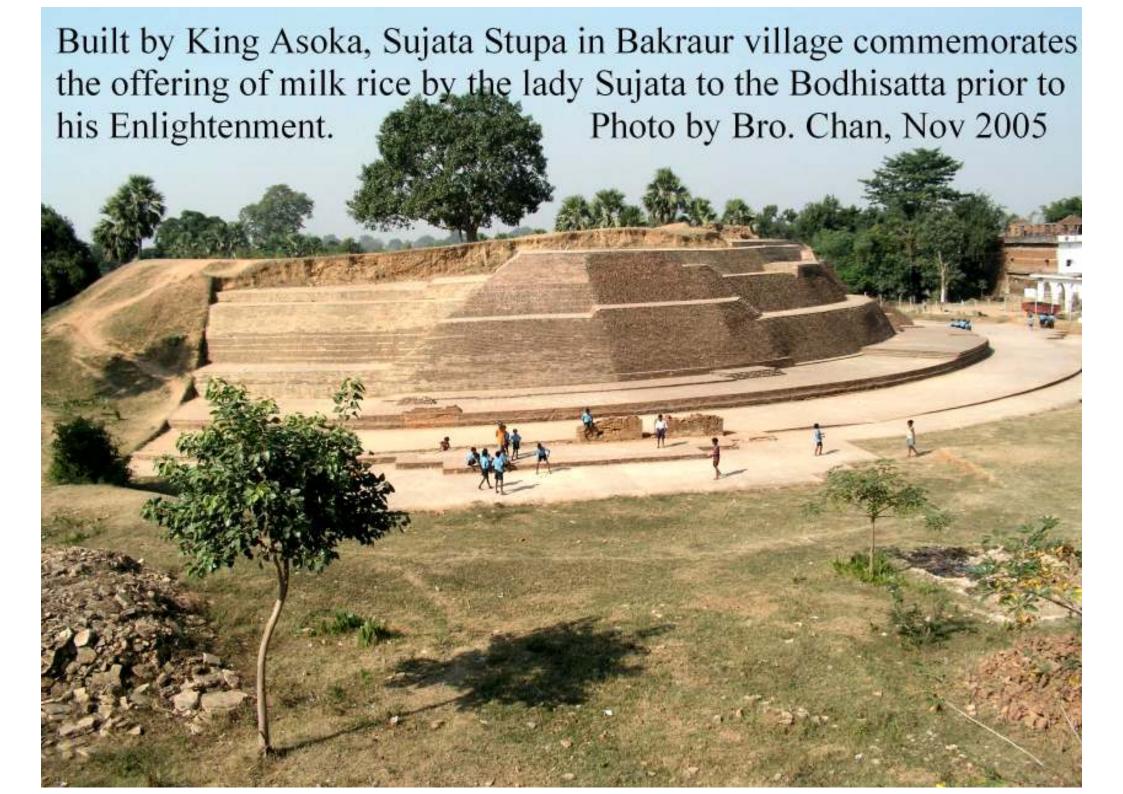
As a result of his 6-year long austerity practices that included extreme fasting, his body reached a state of extreme emaciation. Because of eating so little, his belly skin adhered to his backbone so that if he touched his belly skin, he encountered his backbone.





84 x 53cm, Sikri (Mardan) Lahore Museum







This flat area of exposed rock at Gayasisa is believed to be the site where the Buddha preached the Fire Sermon to 1000 matted hair ascetics led by the Kassapa brothers. The place is located half-way up Brahmayoni Hill which can be seen on the left side of the old road from Bodhgaya to Gaya.

## SARNATH, PREACHING OF FIRST SERMON

After spending seven weeks at the seven places in Buddhagaya, the Buddha was undecided about teaching the Dhamma that he had discovered to others. **Brahma Sahampati**, on reading his thoughts, implored him to teach otherwise the world would be lost without the Dhamma. Out of compassion, he decided to go to Sarnath to preach to his former companions, the **Five Ascetics**, who had abandoned him when he forsook the path of self mortification and adopted the **Middle Path** or the **Noble Eightfold Path**.

Travelling on foot, the Buddha arrived at **Deer Park or Isipatana in Sarnath on the full-moon day of Asalha** (Chinese 6<sup>th</sup> lunar month). When the Five Ascetics saw him, they were skeptical that he had realized enlightenment but the Buddha was able to convince them of his attainment. That night, the Buddha delivered the historic First Sermon, *Dhammacakkappavattana Sutta* or **Discourse on Turning of the Wheel of Dhamma**, which led to **Ven. Kondanna** attaining first stage of Sainthood at the end of the discourse.

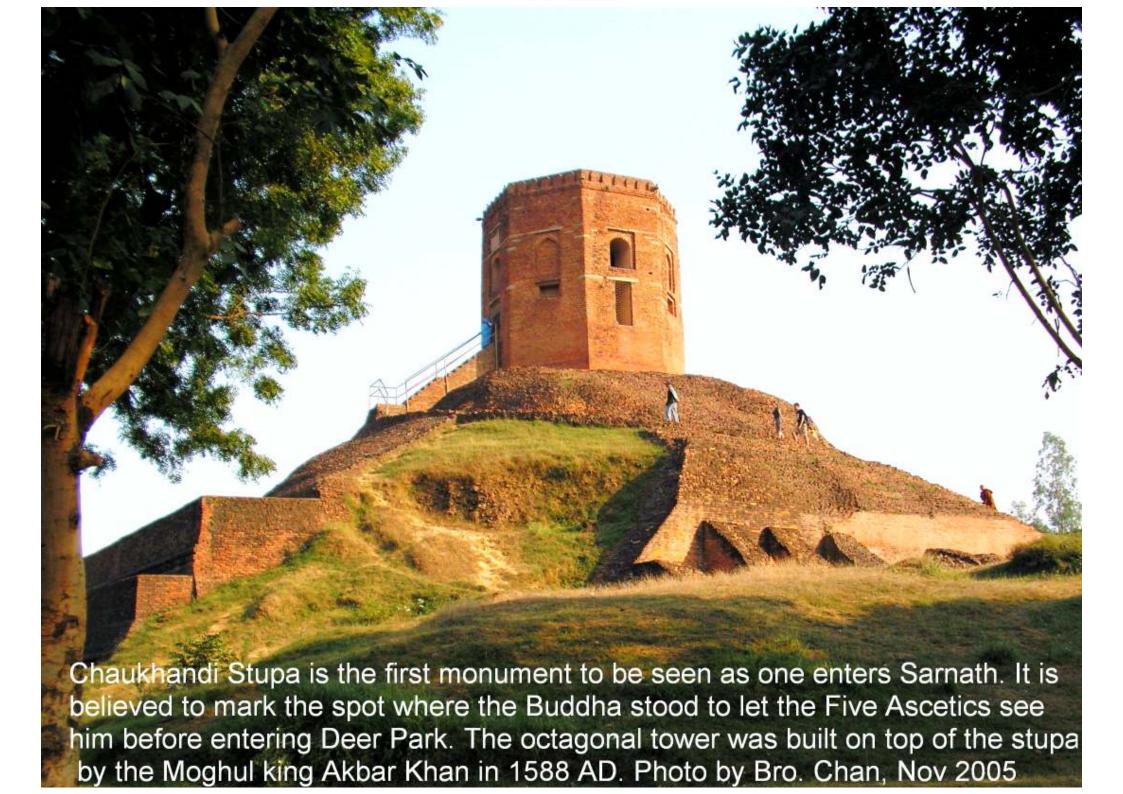
The remaining four, namely: Ven. Vappa, Bhaddiya, Mahanama and Assaji attained first-stage sainthood successively over the next four days. Next day the Buddha preached the *Anattalakkhana Sutta* or Discourse on Non Self, hearing which all attained Arahantship. In Sarnath too, the Buddha converted the rich man Yasa and his 54 friends, who all became Arahants. These were the first sixty Arahant disciples of the Buddha who formed the original Bhikkhu Sangha. These events occurred during the first rainy season or Vassa. After the rains had subsided, the Buddha instructed his sixty disciples to disseminate the Teaching, no two disciples going by the same road.

Thus Sarnath became famous because of the following events:

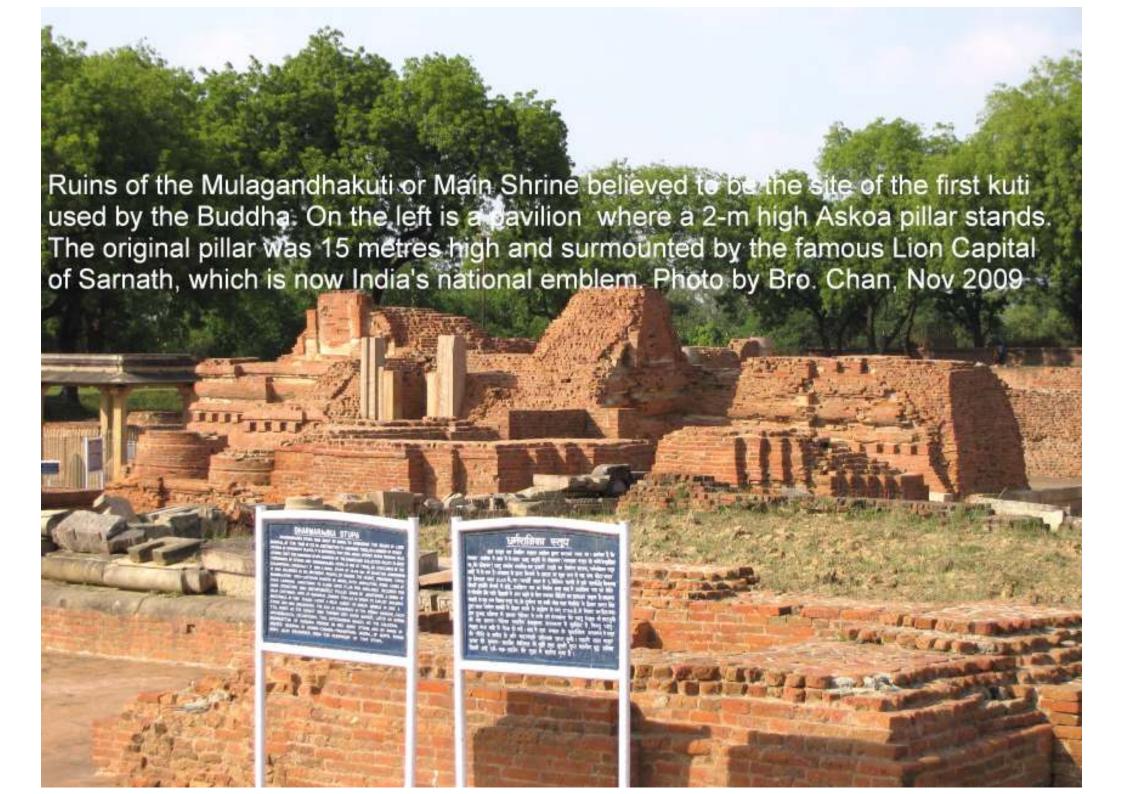
- First sermon, Discourse on Turning the Wheel of Dhamma.
- Founding of Bhikkhu Sangha & spreading of the Dhamma.
- First Rains Retreat took place in Sarnath.

According to Commentary, all Buddhas preach their first sermon in Deer Park, Isipatana in Sarnath. It is called **Avijahitatthanani** or one of the four places that do not vary for all Buddhas.

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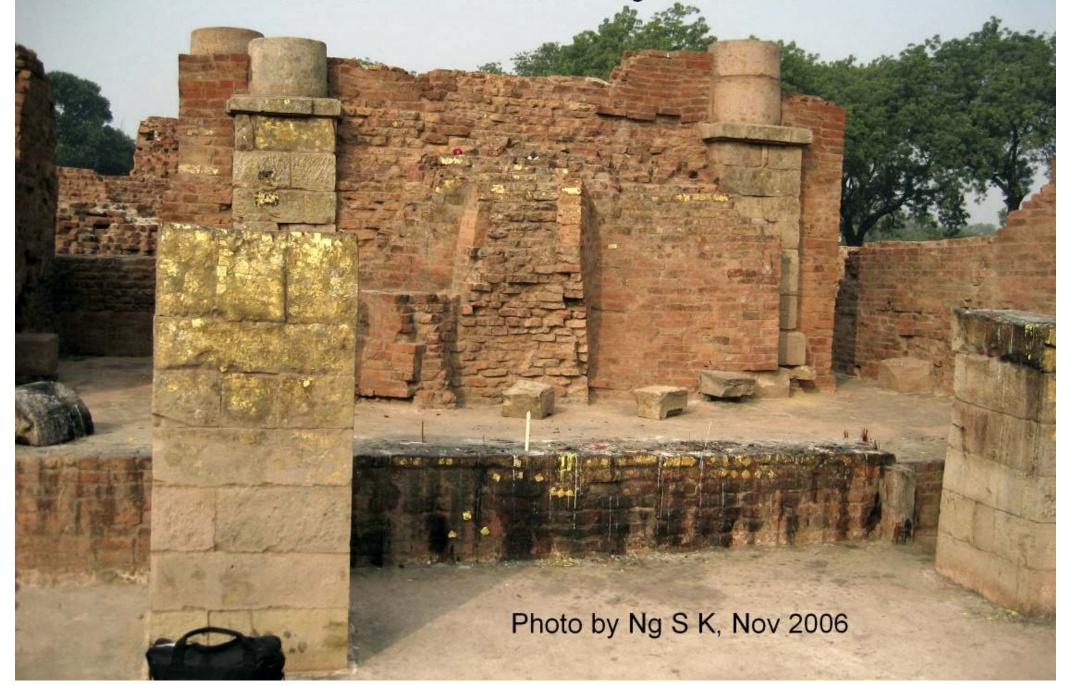




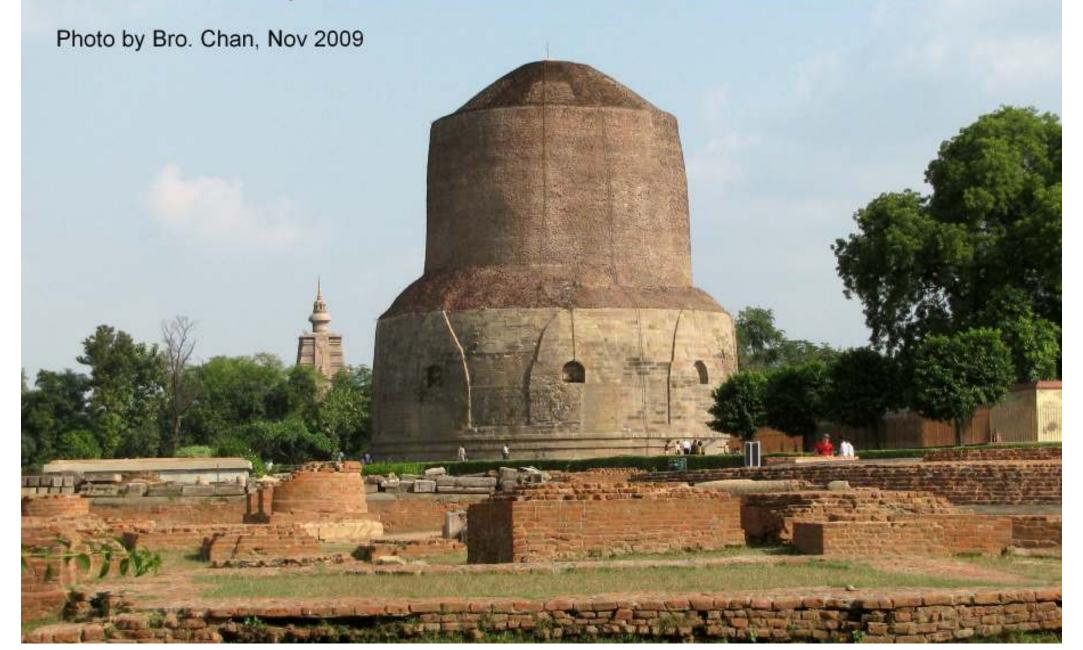


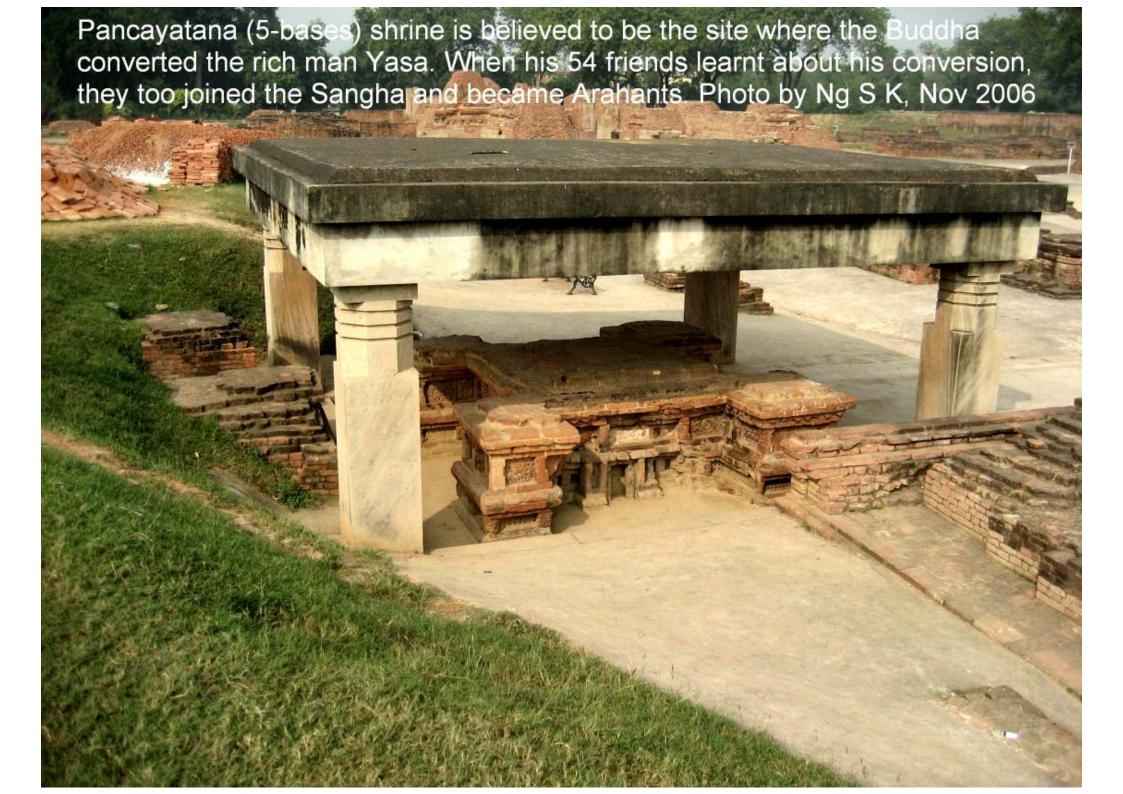


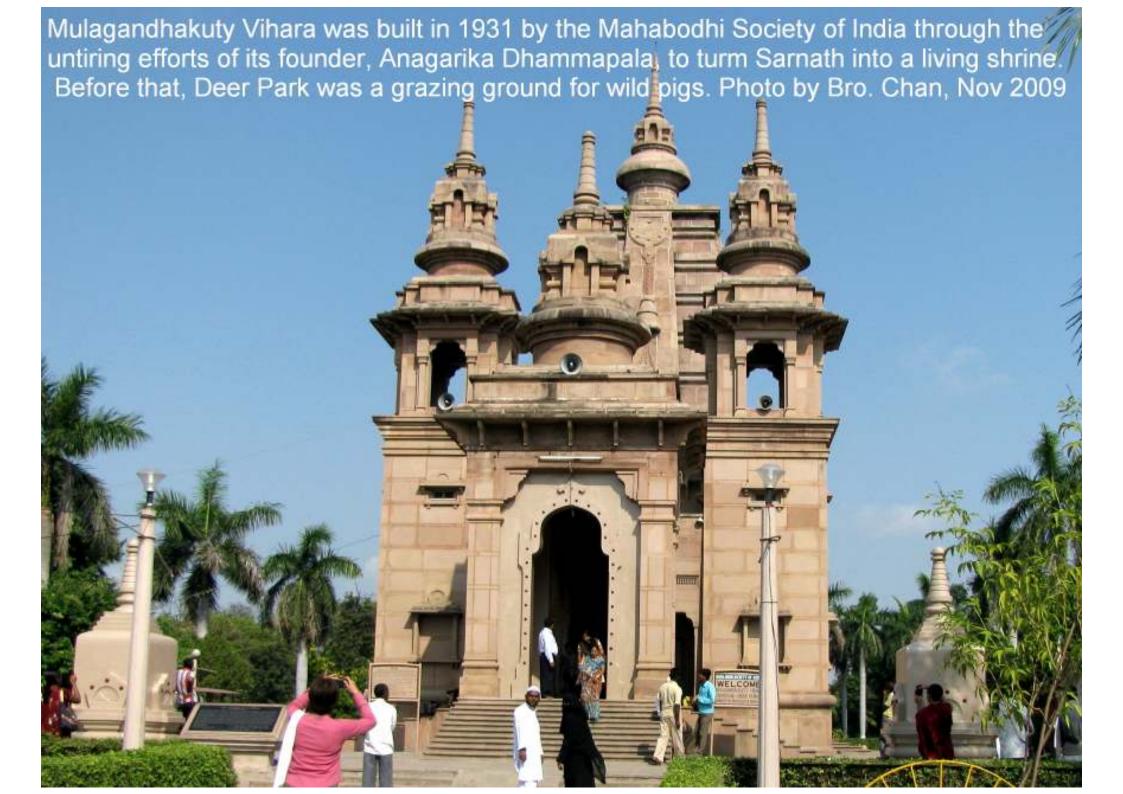
Mulagandhakuti shrine, site of first temple in Sarnath. According to Dhammapada Commentary, as soon as the rich man Nandiya donated the temple to Buddha, a mansion arose in heaven to await him due to his good kamma.

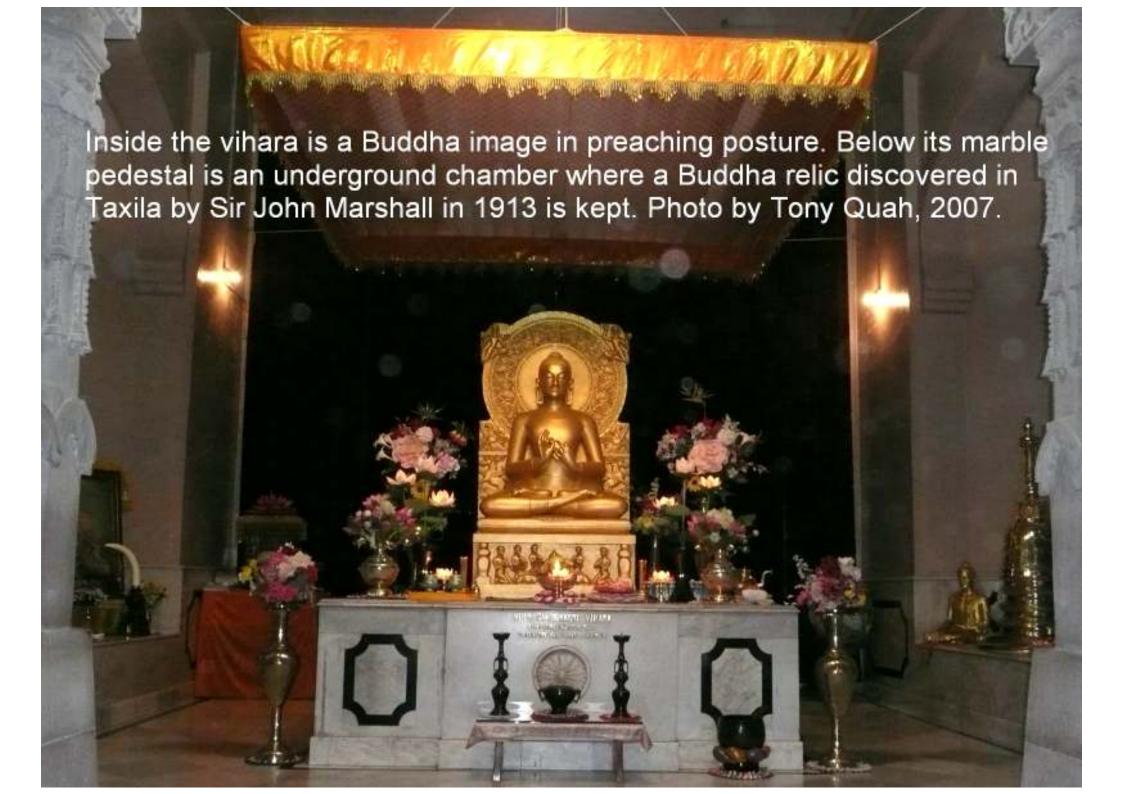


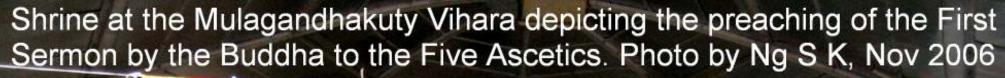
Dhamekh Stupa at 44 m tall by 29 m diameter is the most imposing structure in Sarnath. It was first built by King Asoka & during Gupta period, the lower portion was encased in stone with beautiful carvings. The stupa is believed to mark the site where Buddha preached the second sermon, the Discourse on Non-self.













## AMMA CHAKKA PAVATTANA SI THE WHEEL OF LAW ) THE SAKYAMUNI BUDDHA DELIVERED AT THE ISIPATANA DE PALI (ENGLISH SCRIPT)

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ENGLISH (RHNSLF)

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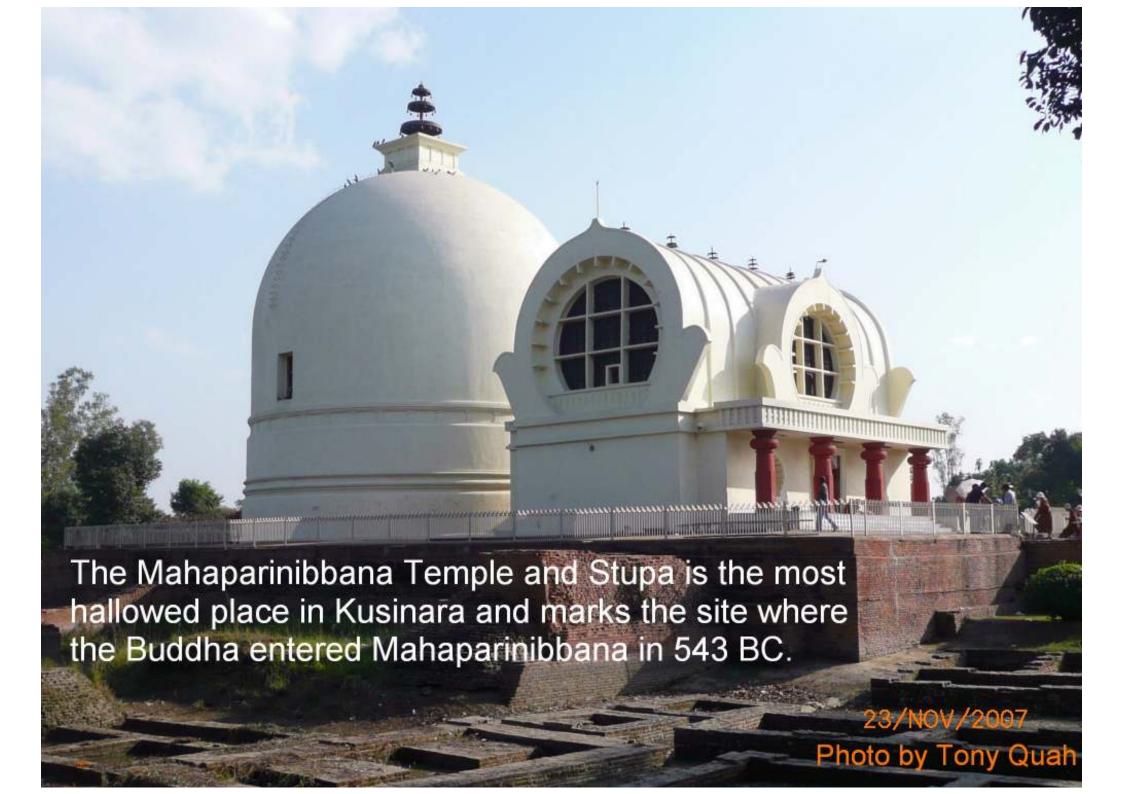
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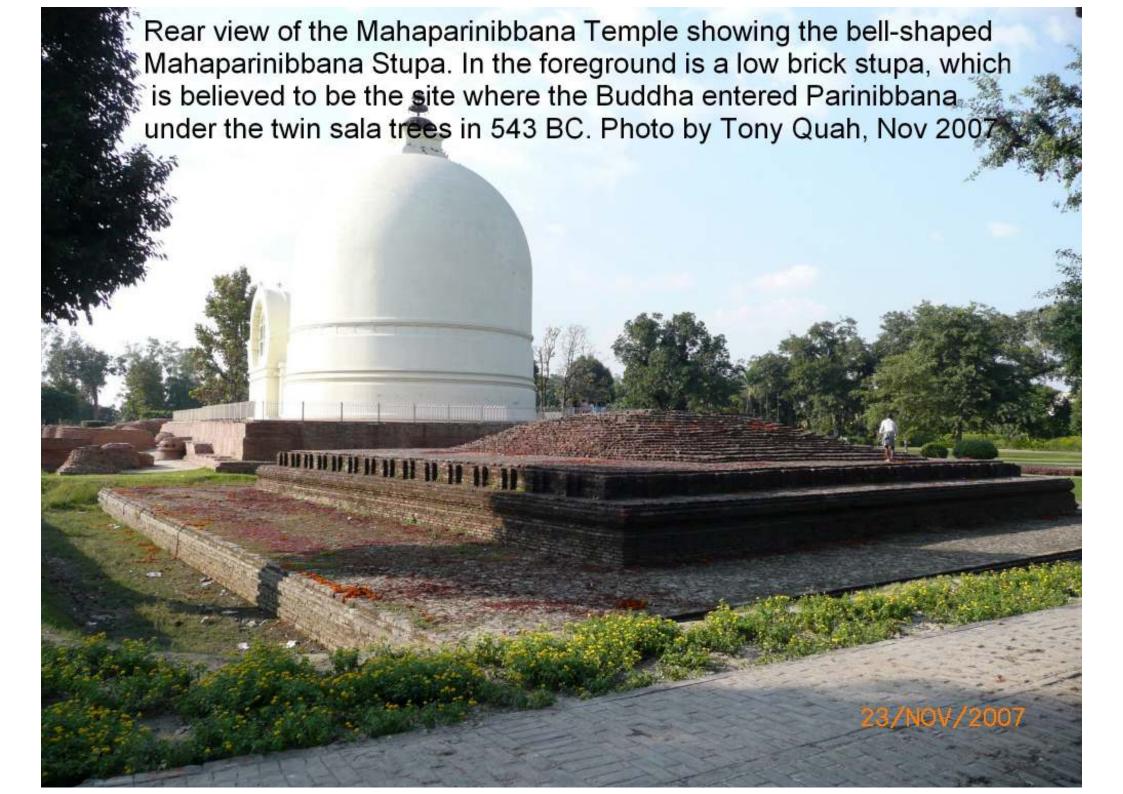
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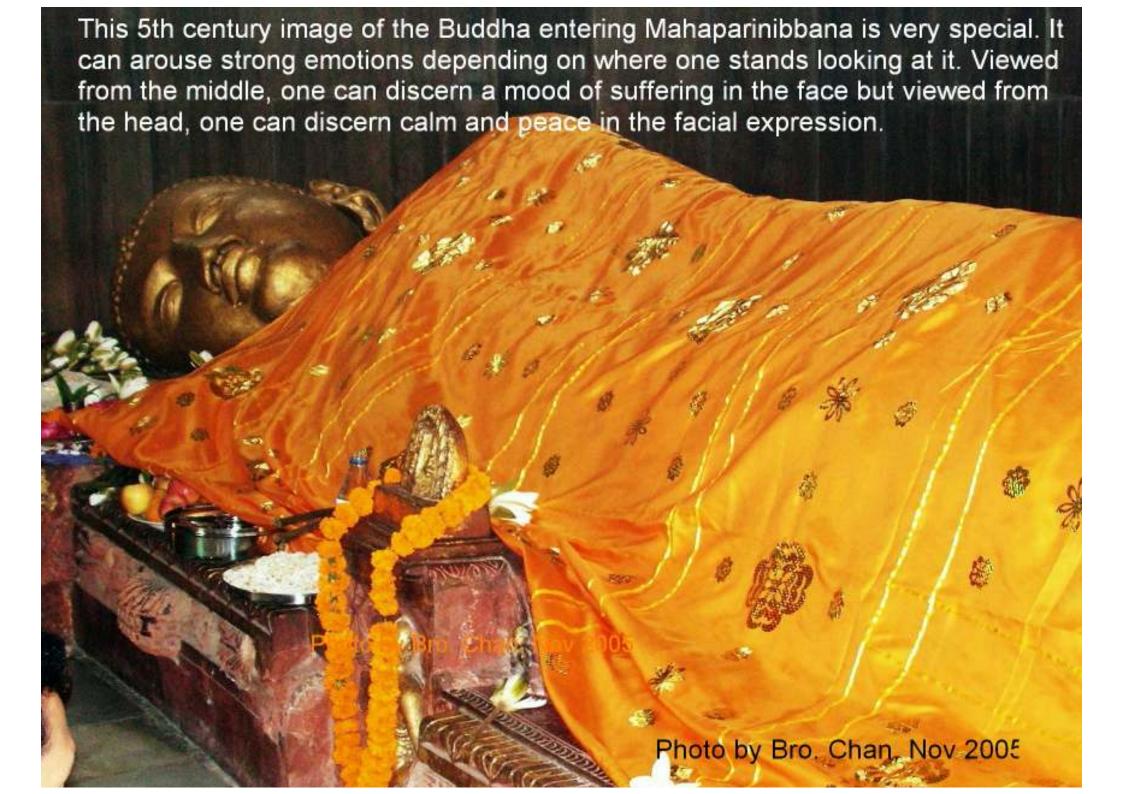
## KUSINARA, PLACE OF MAHAPARINIBBANA

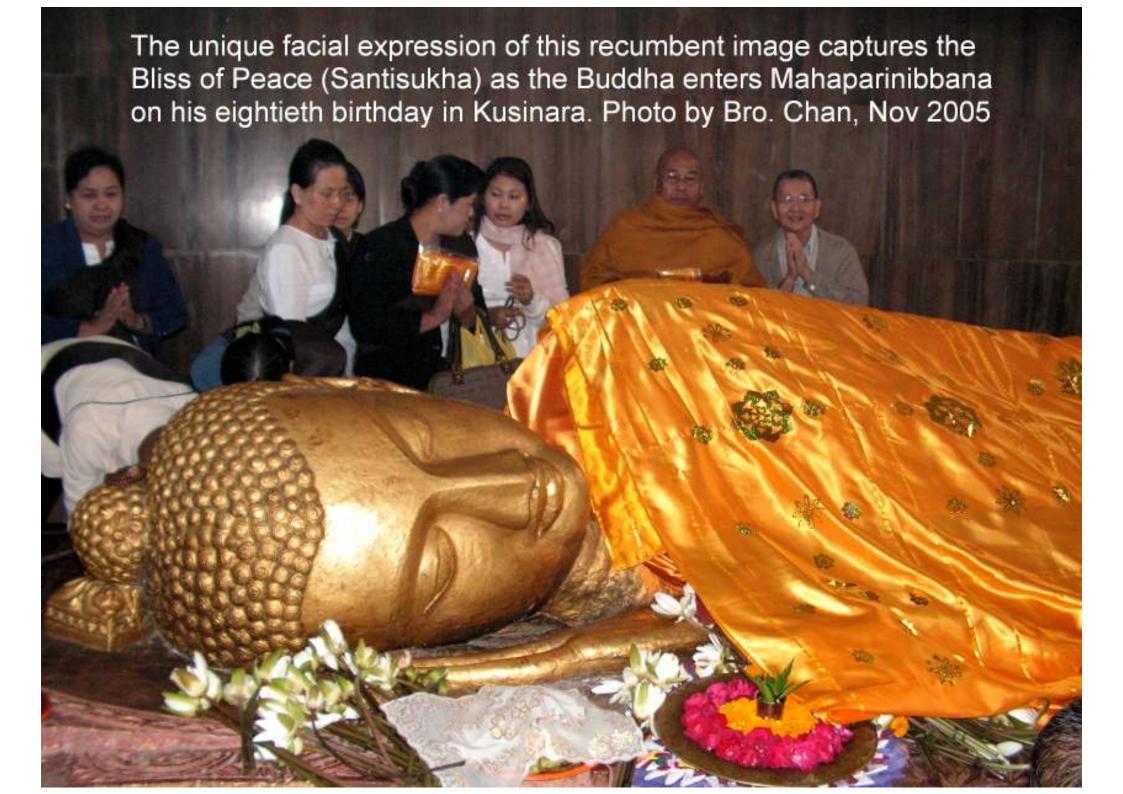
Three months before he reached the age of eighty, the Buddha renounced his will to live at the Capala Shrine in Vesali. Traveling in stages via Pava where he ate his last meal offered by the smith Cunda, he reached the final resting-place at the Sala grove of the Mallas by the bank of the Hirannavati River in Kusinara. There on the full-moon day of Wesak in 543 BC, the Buddha passed into Mahaparinbbana, the passing away into Nibbana wherein the elements of clinging do not arise. His last convert was the wandering ascetic Subhadda. His last words to the bhikkhus were: "Handa 'dani bhikkhave amantayami vo: Vaya-dhamma sankhara. Appamadena sampadetha."

Translation: "Indeed, bhikkhus, I declare this to you: It is the nature of all conditioned things to perish. Accomplish all your duties with mindfulness."









Matha Kuar shrine situated 400 m from the Mahaparinibbana Temple is believed to be the place where the Buddha took a rest before proceeding to the Malla's Sala Grove where he entered Parinibbana. Inset on the left is the 3-metre high Buddha image inside the shrine.





The Buddha was accorded the funeral of a Universal Monarch. His body was wrapped in cotton and put in an iron coffin filled with oil and cremated at the Makutabandhana, the consecration ground of the Mallas. Cremation Stupa shown here was erected by the Mallas and expanded by King Asoka during 3rd century BC and later during the Gupta period.

08.11.2008

Photo by Bro. Chan

## DISTRIBUTION OF THE BUDDHA'S BODILY RELICS

As soon as Buddha's passing away became known, leaders of eight states came to Kusinara to claim their share of his relics after the cremation, viz: (1) King Ajatasattu of Magadha, (2) Licchavis of Vesali, (3) Sakyas of Kapilavatthu, (4) Buliyas of Allakappa, (5) Koliyas of Ramagama, (6) Brahmin of Vetthadipa, (7) Mallas of Pava and (8) Mallas of Kusinara.

To satisfy the claimants and prevent fighting, the **Brahmin Dona** divided the relics into 8 equal measures using an urn.
Each tribe received one measure of Buddha's relics while **Dona** took the **urn**. Later when the **Moriyas of Pipphalivana**arrived, there were no more relics, so they took the ashes.
These men returned home and built **ten stupas**; **eight for the relics**, a **ninth for the urn and a tenth for the ashes**.

